

GOOD WORKS and SABBATH REST

*“There remains therefore a Sabbath rest for the people of God.
For the one who has entered His rest has himself also rested from his works,
as God did from His.”* (Hebrews 4:9-10, NASB)

“...So then, it is lawful to do good on the Sabbath.” (Matthew 12:12b)

By Jane Titrud

God took six days to create all things, then He took a day of rest,
And decided that this seventh day would be forever blessed.
It was not that He had tired for His strength had not diminished.
It symbolized that the work He'd done was perfect, good, and finished.

He did this to foreshadow the plan that He had for man's salvation,
For man would fall but be redeemed and become a *new creation*.
The work He would complete in Christ, and believers would be blessed,
With the promise of eternal life and God's true Sabbath rest.

By faith we enter into this rest when we trust the LORD to save us,
And turn from sin and fleshly works that would otherwise enslave us.
It's a Sabbath meant for every day and not just one in seven.
It is yielding up control of life to our Father God in heaven.

We cannot add to the work Christ did to win this Sabbath rest,
But God has other good works for us to do at His request.
He created us to serve His church and to witness to the lost,
By the power He sent through the Holy Spirit on the day of Pentecost.

We're to share His timeless truth that leads to hope and consolation—
Making sure, all the while, that we build upon *His* foundation.
We're to look for opportunities to serve the needs of others.
And promote a patient faith amongst our fellow Christian brothers.

Such works will receive a final reward from the Father up above,
Who looks upon these efforts now as being the fruits of love.
For it's not about striving to earn God's love but longing to help and serve Him,
Knowing full well what He did for us and that we don't deserve Him.